
Nature and Risks of Therapy

Therapy sessions carry both benefits and risks. Therapy sessions can significantly reduce the amount of distress someone is feeling, improve relationships, and/or resolve other specific issues. However, these improvements and any "cures" cannot be guaranteed for any condition due to the many variables that affect these therapy sessions. Experiencing uncomfortable feelings, discussing unpleasant situations and/or aspects of your life are considered risks of therapy sessions.

Fees:

I understand that I am responsible for my fee payment at the end of each appointment. I agree to be responsible for the full payment of fees for services rendered regardless of whether insurance reimbursement will be sought. I will be supplied with a statement, following each session, which may be submitted for possible insurance reimbursement.

Initial Consultation (60 minutes)	\$ 185.00
Individual Sessions (50 minutes)	\$ 175.00
Couples Sessions (50 minutes)	\$ 220.00
Family Sessions (50 minutes)	\$ 260.00
Group Sessions (75 minutes)	\$ 100.00
Intervention Services (60 minutes)	\$ 350.00

Cash, check and all major credit cards are accepted for payment.

There is a \$30.00 service charge for returned checks.

The fee schedule is reviewed annually, at the end of each year. You will be notified 30 days in advance of any fee increase/s. Currently no fee will increase more than \$ 10.00 annually.

Cancellation Policy:

Additionally, I am aware that a scheduled appointment may be cancelled up to 10 minutes prior to the appointment. There will be no charge for the cancelled appointment providing all of the following are met:

- Another appointment is scheduled within 1 week of the original appointment.
- The rescheduled appointment is not cancelled or results in a no-show.

If I do not keep the rescheduled appointment it will be necessary to charge the normal established fee for sessions for this appointment.
