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Nature and Risks of Therapy

Therapy sessions carry both benefits and risks. Therapy sessions can significantly reduce the amount of distress someone is feeling, improve relationships, and/or resolve other specific issues. However, these improvements and any “cures” cannot be guaranteed for any condition due to the many variables that affect these therapy sessions. Experiencing uncomfortable feelings, discussing unpleasant situations and/or aspects of your life are considered risks of therapy sessions.

Fees and Financial Responsibility:

I understand that I am responsible for my fee payment at the end of each appointment. I agree to be responsible for the full payment of fees for services rendered regardless of whether insurance reimbursement will be sought. I will be supplied with a statement, following each session, which may be submitted for insurance reimbursement.

Initial Consultation	(60 minutes)	\$ 225.00	
Individual Sessions	(45 minutes)	\$ 185.00	(60 minutes) \$ 195.00
Couples Sessions	(45 minutes)	\$ 230.00	
Family Sessions	(50 minutes)	\$ 285.00	
Group Sessions	(75 minutes)	\$ 100.00	
Intervention Services	(60 minutes)	\$ 375.00	

Cash, check and all major credit cards are accepted for payment.

There is a \$30.00 service charge for returned checks.

Notification of 30 days prior to any fee increases; fee schedule is reviewed annually.

Cancellation Policy:

Additionally, I am aware that a scheduled appointment may be cancelled up to 10 minutes prior to the appointment. There will be no charge for the cancelled appointment providing all the following are met:

- Another appointment is scheduled within 1 week of the original appointment.
- The rescheduled appointment is not cancelled or results in a no-show.
- If I do not keep the rescheduled appointment, it will be necessary to charge the normal established fee for sessions for this appointment.